

DESCRIPTION

Coast to Coast travels between the Baltic Sea and the tranquil waters of Guldborg Sound. The route is 38 km long and crosses Falster.

The tour starts at the Marielyst town square. Between Marielyst and Væggerløse, you can stop by the Stovby Glassworks and also see Stouby Mill.

You will need to climb one hill, at Væggerløse - a rare find here on flat South Falster! The reward is a really beautiful view of Guldborg Sound.

The tour then passes through idyllic Hasselø and along the sound up to the area's largest town - Nykøbing Falster, which is the route's halfway mark. The town has many options for having a rest and some refreshments.

On the way back, follow a tranquil path past the Ravnstrup Forest and some lovely meadows up to the forest.

The rest of the route follows Østersøvej, through the village of Idestrup, where you will find a grocery store, then on to Ulslev Strand. This is a lovely beach with an activity area nearby. Refreshments can be bought at the campground, which you will also pass.

INFO

The bicycle route is signposted with blue signs - you just need to follow the panorama route number 418.

Other bicycle routes you may encounter on the way are Bicycle Fun (417), Sundruten (apples), Forest Adventures (420), Explore Naturlandet (N), and the national bicycle routes The Baltic Sea Route (8) and Copenhagen-Berlin (9).

We recommend following the route in the direction that follows the numbers on the map. The bicycle route is signposted in this direction. You will also come across a sign every time the route turns. If there isn't a sign, then just follow the road.

Food and refreshments can be purchased in Marielyst, Væggerløse, Nykøbing F. and Idestrup.

PUBLIC TRANSPORT

The bicycle route starts at Marielyst town square. You can get to Marielyst with a bus,

The tour continues, along the Baltic Sea, through the summerhouse areas Elkenøre and Sildestrup and back to Marielyst.

DOWNLOAD THE APP

Download the Naturlandet app on Google Play or the App Store to access more information about experiences and facilities on the bicycle route.

Explore the app to find more interesting experiences in nature and routes on Lolland-Falster.



RENT A BIKE

Bikes can be hired at the Tourist Information Centre at the Marielyst town square.

which can also carry your bicycle. Naturlandet recommends rejseplanen.dk for bus and train schedules.

VISITING PRIVATE PROPERTY

The bicycle route passes a number of small privately owned forests.

When visiting private property, please observe the following rules:

- Access permitted in private forests from 6 am until sunset.
- Access only permitted on paths and roads. For example, you cannot walk into the forest to eat your lunch pack.
- Collecting mushrooms and berries only permitted if you can reach them from the road.



Coast to Coast

- cycling between the Baltic Sea and Guldborg Sound



Coast to Coast

Start and end: Marielyst Town Square

Length: 38 km

Surface: 38 km asphalt - 0 km gravel/dirt/grass

Road-type: 24 km road, mixed traffic - 14 km bikelane/path

EXPERIENCES

1 Stovby Glassworks

Active workshop and shop. Watch the glassblower at work.

2 Stouby Mill

Fully functioning, listed post mill. Go to stoubymoelle.dk for opening hours and activities.

3 Væggerløse Hill

The village of Væggerløse lies on a hill with lovely views of South Falster and Guldborg Sound. There is a magnificent burial mound at the church, and the village has a supermarket and a small local brewery with sale of their products.

4 Hasselø

Formerly a humble fishing village with small houses, bridges and harbours. The attractive coastal blocks are now filled with large, new houses.

5 Hasselø nature trail and shelter area

Listed nature walking trail along the coast between Hasselø and Hasselø Plantation. At the northern end of the trail is Hasselø campground and shelter area, with lovely views of the sound. The trail is 2.5 km long.

6 Nykøbing F.

Cosy shopping town with plenty of dining choices, accommodation and cultural events.

7 Guldborgsund ZOO

Zoo with petting animals and exotic animals. There is also a botanic gardens.

8 Idestrup

Lively village with a lovely church, grocery store and shelters near the sports area.

9 Ulslev Beach

Nice swimming beach with an activity area, playground, picnic shelter and toilet. Close to it is a campground.

10 Elkenøre og Sildestrup beaches

Tranquil swimming beaches along the summerhouse area.

11 Marielyst

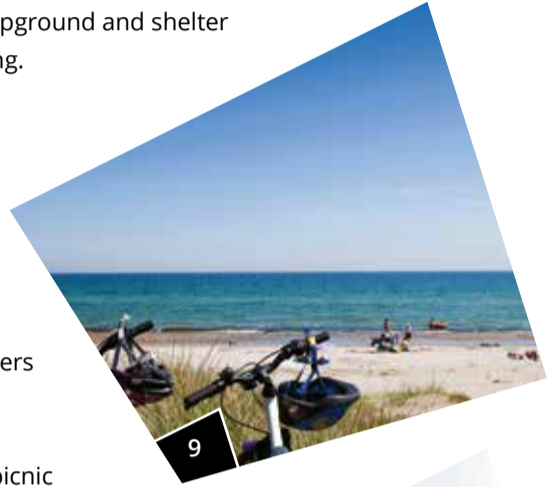
The largest summerhouse area in the district, with a fantastic beach, accommodation, grocery store, dining, entertainment and nature.



1



5



9



11

In Nykøbing F. and Marielyst you will find several possibilities of accomodation, eating out and shopping. Find out more at the Naturlandet Lolland-Falster app.

ACCOMODATION

- A Hasselø B&B
- B Vesterskov B&B
- C Danhostel Nykøbing F.
- D Falster City Camping
- E Idestrup B&B
- F Pitstop Idestrup
- G Ulslev StrandCamping
- H Marielyst Ny Camping
- I Tjørnevænget 22 B&B
- J Laxenborg Camping

RESTAURANTS

- Café Pitstop Idestrup

SERVICE

- Tourist info Marielyst
- Bike repair in Nykøbing F.

GROCERIES

- DagliBrugsen, Væggerløse
- Coma, Idestrup
- Sildestrup Købmand

MAP KEY

- Mobile home
- Beach
- Town
- Bike repair
- Camping
- Ancient monument
- Grocery
- Crafts
- Local products
- Mill
- Nature
- Scenic spot
- Accomodation
- Primitive accomodation
- Attraction
- Restaurant
- Railway station
- Toilet
- Tourist information

